



PANORAMA
SPA
VILLA
MONTE SOLARE

MEI BEAUTY FACE TREATMENTS

MEI BEAUTY ANTI AGEING 50' €90

An very pleasurable, complete face treatment with specific anti-aging action.

The concentrated active ingredients in the combination serum and cream helps regenerate the skin and offers a true burst of energy and new vitality. Thanks to plant-derived Hyaluronic Acid and Colloidal Silver, the immediate effect is fresh, radiant skin.

An ideal treatment for all types of skin, any time of the year.

MEI BEAUTY NOURISHING 50' €80

A face treatment with powerful nourishing and revitalizing effects for dry, dehydrated skin. Delicate exfoliation prepares the skin for the serum, vitamin concentrate, and the soft, rich, macadamia oil-based cream with extract of helichrysum flowers. The very first application nourishes the skin and restores suppleness and radiance. Recommended any time of the year for dry, stressed and dehydrated skin.

MEI BEAUTY DETOX 50' €85

A treatment whose strength is based on powerful plant-derived ingredients that can restore and visibly improve impure, oily, or mixed skin. Exfoliation and mask are followed by a massage using specific creams rich with the extract of quebracho bark with its purifying, regenerating, and toning effect. Recommended for any time of the year, and ideal for men as well.

MEI BEAUTY PERSIAN ROSE 50' €90

In cosmetology, Persian Rose is known to give the skin the same velvety texture as its petals. This treatment is based on the action of the precious essential oil of Persian Rose, expressed in all its intoxicating fragrance. Ideal for pale, delicate, reddened, or irritated skin. Also suggested for young skin to prolong its softness and radiance.

- Panoramic pool with hydromassage
- Steam room
- Panoramic sauna 80°-90°
- Ice waterfall
- Fireplace relaxation room with tea zone
- Silence panoramic terrace
- Entrance allowed from 16 years old

Every guest has the "Kit SPA" with a towel, a bathrobe and the slippers.

MEI BODY TREATMENTS

MEI BEAUTY BOTANICAL 50' €90

A special MEI treatment to eliminate the toxins that attack the skin every day: smog, harmful elements, and much more. Ideal for renewing and detoxifying the skin, with immediate toning and regenerating effects. The treatment consists of a Botanical Regenerating Peel with the absorbent power of Green Clay, Relaxing Oil with the power of Horsetail and its toning properties, and is completed with the marvelous action of Botanical Body Cream with its concentrated moisturizing, nourishing power.

MEI SPA DOLCE VITA 50' €90

Enveloped by the essential oils of Sweet Orange and Lemon, you'll give yourself the gift of revitalized, soft and luminous skin, thanks to the synergetic power of refined MEI SPA products. The ritual begins with a Dolce Vita scrub with calibrated sugar micro-crystals, followed by a toning massage with citrus-based Balance oil and a smoothing, brightening application of Dolce Vita Sweet Orange cream for moments of unforgettable well-being.

MEI SPA SALT TREATMENT 50' €85

A burst of new vitality through the detoxifying power of Sicilian sea salt, enhanced by the freshness of essential oils of Piedmont Peppermint and Pennyroyal, all in synergy with plant-derived extracts of Green Tea and Ginseng. This "green thread" runs through the Mei SPA Salt Treatment, with its general stress-relieving action combined with a toning and firming effect on the skin. Ideal for men as well.

MEI SPA PERSIAN ROSE 80' €110

Roses bloom all year long with this exquisite body and face ritual. The essential oil of precious Persian Rose, native to the high plains of Iran, envelops the skin in a soft caress with a smoothing, brightening effect. Surrender to a harmonious massage enhanced by 8 natural MEI products, and the skin of both your body and face will truly bloom again.



VILLA MONTE SOLARE

MASSAGES

SUN MASSAGE 50' €80

Massage designed for our Villa Monte Solare guests, a mix of personalized massage techniques based on your needs, using olive oil to make the skin soft and velvety.

COUPLES MASSAGE 50' PER COUPLE €160

Relaxing, balancing massage done in the couples' room, where you and your partner can share an exclusive experience.

BALANCING 50' €75

Relaxing massage aimed at balancing body and mind. Combined with essential oils to energize the whole body, removing tension and stress.

OLIVE OIL MASSAGE 50' €80

Massage that harkens back to ancient spa traditions. Precious Umbrian olive oil regulates the skin's natural hydration system.

AYURVEDIC 50' €90

This Indian practice offers a sense of general well-being as it counters stress and physical and mental overload.

WIND IN THE OLIVE GROVES 50' €90

This ethereal, hypnotic massage restores psychic and physical balance, offering peace and serenity.

TENSION-RELIEVING 50' €80

Deep massage that acts on the muscles through slow, deep kneading that improves joint mobility and relieves tension; an excellent restorative for athletes.

DRAINING 50' €90

Stimulates the elimination of excess liquids using slow, fluid movements. Removes toxins from the body, wakes up the circulation, and re-oxygenates tissues.

CANDLE MASSAGE 50' €75

A massage that's a true sensory ritual. The beneficial properties of the oil envelop the body and relax the senses.

CRANIOSACRAL MASSAGE 50' €90

Biodynamic treatment that offers deep relaxation through manipulation of the cranium.

SPA open from 10.00 am to 8.00 pm.

Massages or treatments on reservation:

tel 075 835 5818 or spa.vms@ldchotels.com.

We recommend arriving at the SPA reception 10 minutes before the appointment.

In case of delay the time will be adjusted depending of the next appointment with our guests.

via Montali 7, Tavernelle di Panicale, Perugia, Italy

www.villamontesolare.com

GENTLE THOUGHTS MASSAGE 25' €50

Massage of the head and face. Relaxes the nervous system, eliminates stress and fatigue. Improves concentration and relieves eye tension.

PARTIAL MASSAGE 25' €50

Massage designed to provide relief to a specific area of the body (choose back, legs or feet).

RITUALS

VILLA MONTE SOLARE RITUAL 80' €110

Treatment inspired by the fragrances and traditions of the land of Umbria. The mix of organic olive oil and aromatherapy essential flower oils combined with the hydrating action of aloe juice offers a pleasant ritual for face and body.

ETRUSCAN FOOT RITUAL 25' €60

Footbath with essential oils of mint followed by a sea salt scrub and massage with essential oils of juniper, for immediate foot relief.

ETRUSCAN BODY RITUAL 50' €80

Sea salt and honey scrub followed by olive oil massage, for hydrated, supple skin.

WELL-BEING IN KIND

MONTE SOLARE RELAXATION PER PERSON €119

SPA admission with 50 minutes relaxing citrus massage.

RELAX FOR 2 PER PERSON €139

SPA admission with Couples Massage with glass of prosecco or wine (your choice).

DETOX GREEN PER PERSON €99

SPA admission with 25 minutes thermal scrub, 25 minutes body massage and Detox tea.

ENERGY GREEN PER PERSON € 89

SPA admission with 25 minutes energizing massage and Energy tea.